Course Description: The intended audience for this course is nursing staff who assist with stress testing. This course is designed to solidify knowledge about the 12 lead EKG and review the multifaceted aspects of stress testing.

Course Objectives: 1. Provide an overview of aspects of 12 lead EKG interpretation. 2. Discuss physiologic responses to exercise. 3. Discuss stress testing protocols. 4. Discuss the use of stress testing in special populations.

Speakers: Linda Moulton, RN MS and Charlie Jiardina, RN

Participant Objectives: Upon completion of the program the learner will be able to: 1. Determine the mean QRS axis from a 12 lead EKG. 2. Identify EKG changes after MI. 3. Differentiate right and left bundle branch blocks. 4. Discuss the physiologic responses to exercise. 5. Describe stress testing protocols. 6. Identify issues related to testing special populations.

AGENDA:
Day 1
8:30  Registration
9:00  Normal 12 Lead, Axis Deviations
10:20 Break
10:35 Bundle Branch Blocks and Hemi-Blocks
12:20 Lunch
1:00  Chamber Enlargements
2:30 Break
2:45 Myocardial Infarctions
4:30  Conclusion

Day 2
9:00  12 Lead Exercises; Complex 12 Leads
10:00 Break
10:15 Complex 12 Leads
12:15 Lunch
1:00  Cardiopulmonary and Pulmonary Responses to Exercise, Testing Preparations and Precautions, Testing Indications and Contraindications
2:30 Break
4:30  Conclusion

Credit: Course # 12206-805 (Calif. Board): 14.5 contact hours, 1.45 CEU’s.

Continental breakfast, AM break, lunch and PM break provided
Faculty

Linda Moulton, RN MS is a cardiovascular researcher and educator, and owner of Critical Care Ed and C.C.E. Consulting, Springfield, IL. Her professional roles have included manager, educator, clinical specialist, consultant, researcher and medical writer. She has taught across the U.S., for NASPE and for industry. She manages the www.orderanddisorder.com and www.cceconsulting.net web sites.

Charlie Jiardina RN has worked in critical care as a staff nurse and charge nurse. He served in the Army Nurse Corps and he has worked as a nurse in three cardiology practices. He has 3 years experience as a stress nurse and is currently working as a stress nurse for Springfield Clinic, Springfield, IL.

**Please dress in layers for our programs. Conference room temperatures may fluctuate.**

Cancellations: Cancellations may be faxed in writing. Cancellations received 7 days before the course will receive a full refund. Cancellations received after this time will be assessed a $20.00 processing fee. No refunds are given for “no shows” or cancellations received after the conference begins. A $20.00 fee is charged on any returned check. Your check must be received within ten days if you register by phone or fax or your registration may be cancelled.

December 10-11, 2009—Wyndham O’Hare, 6810 North Mannheim Road, Rosemont, IL 60018; Phone: 847-297-1234.

Guest rooms: Critical Care Ed has reserved rooms for participants and their guests at special rates in effect, based on availability from December 9 through the night of December 10th with December 11th checkout: $124 single to $134 double occupancy plus tax on all rooms each night. All guests shall make reservations directly with the hotel at 847-297-1234. Please request the Group rate for Critical Care Ed. Reservations must include first night’s deposit to be guaranteed. Major credit cards are acceptable to establish pre-payment. Be sure to request written confirmation of your registration.

Release date: The hotel room release date is November 18th. To take advantage of the reduced rates, you must make your reservations before this date. The reduced rates may not be available after November 18th. Call the hotel for availability after this date.

Room cancellation: Contact the hotel regarding cancellations. For arrivals after 4pm, call the hotel on the day of travel to reconfirm reservations.

Airport shuttle available.
Registration Form:

To register you may fax this form to 217-787-6020; Phone 217-787-5937; mail to: Critical Care ED, 6701 Bunker Hill Rd, New Berlin, IL 62670. If paying by check, make the check payable to “Critical Care Ed”. You may register online at www.orderanddisorder.com; go to ‘Cardiology Education’. Or you can charge your registration fee to Mastercard, Visa or American Express by filling in the credit card information below.

Name____________________________________________________

Position/Title______________________________________________

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_____12 Lead EKG & Stress Testing December 10 & 11   $270.00